

LEN VALLEY ACTIVE RETIREMENT ASSOCIATION

NEWSLETTER – June 2026

ISSUE 189

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Chairman's message

Hello everyone.

Well we are approaching the 21st June, the summer solace and the longest day of the year. Let's hope we get a nice summer.



Following on from the AGM in May our committee has remained unchanged and I am grateful to them all supporting me for another year. We continue to need new committee members and if anyone wants to join us you can do so any time during the year. Thank you to all our members who were able attend the AGM, you were there in good numbers and it was pleasing to see you all. This year as the AGM always finishes early we decided to arrange some entertainment and Chrissie Kent (aka Sandell) sang for us and gave us an enjoyable half-hour to end the meeting. Thank-you Chrissie.

As we go into our 2026-2027 year we have numerous things planned or under consideration -

June 10th is our next Ten Pin Bowling session, this time at Ashford. If you are going please be aware road works are causing considerable problems in Ashford and you will need to allow some extra time or take a different route. I believe the main problem is where you go past Lidle's supermarket.



June 17th is the Pub Lunch at Ledian Gardens.



June 24th monthly meeting with a speaker from Kent highways.

July 15th Buffet Lunch at Charing Pavillion - final details to follow. Julia will be taking payment for this at the June meeting.

Wednesday July 15th - 1-30pm

LUNCH WITH A DIFFERENCE

A BUFFET Picnic at Charing Pavilion

Bring a chair to sit in the sunshine afterwards or sit on the veranda overlooking the playing field. There will be Games for the energetic. £15 per head. Please put your names down if interested to ensure that it is a viable event.



July 22nd monthly meeting and Horse Race afternoon. Start saving your 50ps for your bets on the tote. I am sure you will enjoy it and once again more details will follow.



31st July Amberley Museum trip. If you have booked and not yet paid this will be needed at the June meeting. Cost for the coach and entrance is £40.



18th August is Lingfield Races. If anyone has not booked and still wants to go it is possible we may still have a couple of seats. We will be collecting the remaining cost at the June meeting. The good news is for coach and entrance we have now managed to get the cost down to £35 so we will only need another £25 per head. If you are one of the 3 members who has not yet paid your deposit and still want to go please let us have your full payment of £35 at the June meeting or before or if you cannot now go please let us know (ring Sue 07857 758597)



With regards to Short Mat Bowls. We have been very active in trying to get this difficult problem resolved. We have made some progress but are not there yet. In the meantime Peter will again be running an additional Petanque session starting at 2pm on Tuesday. The kitchen is not available so if you go you may wish to bring your own refreshments.



FUTURE EVENTS

There are still places available for our end of year Christmas lunch at the Orida hotel. £10 non-refundable deposit is required.



CHRISTMAS LUNCH

Wednesday 2nd December 2026

At The Orida Hotel. Maidstone

12.00 until 16.30

With a three-course meal which includes

tea, coffee and mince pies

There will be Music and a Raffle

£37 includes the £10 deposit



If you prefer to email Julia with regard to any of these events please do. You may email her direct at elliottjulia342@gmail.com

Our weekly events –

Short Mat Bowls	Tuesday	2.00pm to 4.00pm	£4 per session	Phil Gooda 01622 851217
Zumba	Wednesday	9.30am to 10.30am	£7 per session	Barbara Kyprianou 01622 850468
Line Dancing	Wednesday	7.30pm to 9.00pm	£5 for members/£6 for non-members per session	Ann Rolfe 01622 859725
Petanque – weather permitting	Thursday Saturday	10.00am to 12.00pm	£3.00 per session	Peter 07831 147656 Jackie 07734 566896

JUNE 2026

10 th June 2026	Ten Pin Bowling	11.00am	£7.50 for two games	Pat Highsted 01622 743658
Wednesday 24 th June	Safe Driving	2.00pm	Lenham Community Centre	

JULY 2026

8th July 2026	Ten Pin Bowling	11.00am	£7.50 for two games	Pat Highsted 01622 743658
Wednesday 22nd July	Horse Race Meeting	2.00pm	Lenham Community Centre	

AUGUST 2026

12 th August 2026	Ten Pin Bowling	11.00am	£7.50 for two games	Pat Highsted 01622 743658
Wednesday 26 th August	Behind the Scenes at the BBC. Peter Woodley	2.00pm	Lenham Community Centre	



As we have lots of events coming up please could you consider car sharing as much as possible. This will give some members the opportunity to take part in something that maybe they could not have done otherwise.

We would also like to keep our membership list up to date so please remember to let us know of any changes to your details – email address or mobile phone number etc and also, if you have emergency contact details that you would like us to have. These are very important if you are participating in any of our holidays or days out. Thank you if you have already given us your information.

Best wishes
Roger

