

LenARA

LEN VALLEY ACTIVE RETIREMENT ASSOCIATION

NEWSLETTER – July 2024

ISSUE 166

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CHAIRMAN'S MESSAGE



Hello All

Summer has arrived at last with nice sunny warm weather but what is the thing we complain about? It's the heat, "oh it's too hot" I hear people say. Let's hope it lasts and we enjoy it while we can.

LenARA Committee - As most of you are aware Keith Varney our treasurer passed away on the 20th May 2024 (RIP Keith). At our last committee meeting thankfully Chris Godden stepped up to take Keith's place and is now our Treasurer as unanimously voted in by the committee. Obviously Chris cannot do everything so has stepped down as Membership Secretary for Lenara especially as she has also taken on the role of Membership Secretary for KentARA. Barbara Peacock said she would like a change after many years of arranging outings and offered to take the Membership Secretary's job on. Thank you Barbara. This leaves us a person or persons short to arrange outings, shows, holidays, mystery tours etc, so if any of you would like to come on board to help with this position please let us know. You will not be left on your own, assistance and advice will be there for you. Lastly regarding the committee, Mike Compson our Vice Chairman is temporarily stepping down for personal reasons and we wish him well for the future. Phil Gooda has taken the job on temporarily to help us out – thank you Phil. So our new Treasurer is Chris Godden, Membership Secretary will be Barbara Peacock, Phil Gooda is temporarily covering for Mike and there is a vacancy for help with future events.

PAST EVENTS

LINGFIELD HORSE RACING A most enjoyable day, I understand we had a few good winners going home very happy. We had a couple of showers whilst there but this didn't dampen the mood, when the Sun came out it was most delightful.

Punters studying form



June's speaker was Guy Bartlett. I'm told he gave a very good and interesting talk on the Battle of Britain "Victory Against The Odds". I always seem to miss the good ones.



The June Pub Lunch at Stubbs. This is a very nice restaurant with friendly staff and most of all good food. I think we all went home very happy.

FUTURE EVENTS

The Pub lunch this month will be at the -

Who D Thought It, Grafty Green ME17 2AR

Wednesday 17th July - 1pm



Starters

Prawn Cocktail with brown bread and butter

Tomato and Roasted Red Pepper Soup with baked bread and butter

Garlic Ciabatta with caramelized onion and mozzarella

Main Courses

Poached Salmon with Thermidor sauce, crushed new potatoes and green vegetables

Pan Fried Chicken Breast with a jus, crushed new potatoes and green vegetables

Spinach and Ricotta Tortellini with a tomato sauce and balsamic drizzle

Ham Salad, with baked bread and butter

Sausages and Mash

Desserts

Strawberries and Vanilla Ice Cream

White Chocolate and Lemon Cheesecake with vanilla ice cream

Cheese and Biscuits

2 courses £20, 3 courses £25

Coffee extra cost



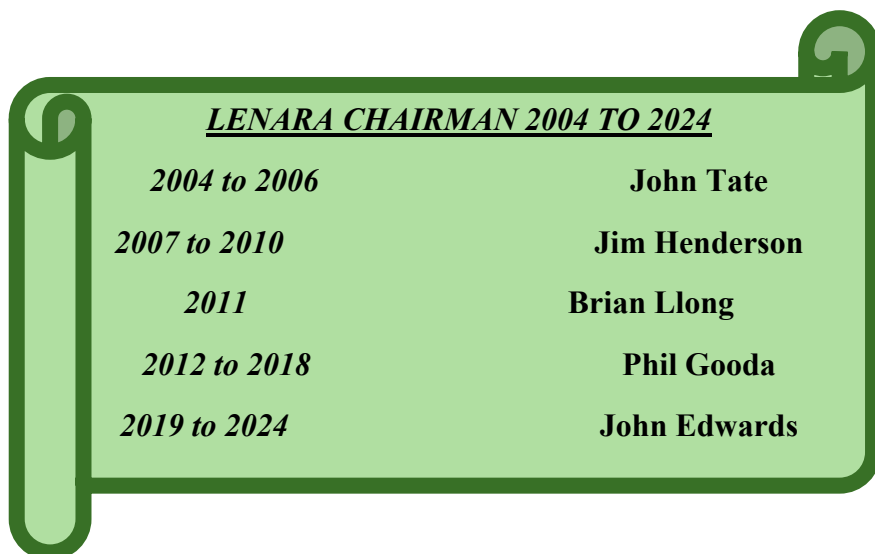
The Speaker for 24th of July will be Mary Winder talking about ‘Being a Magistrate’



On July 26th we have our trip to Bexhill and Hastings. Apparently we have a couple of seats left on the coach so if anyone is interested please let Barbara Peacock know on 01622 858523, members family and friends are most welcome. This is the same day as John McIntyre is walking from the Woolpack (Beefeater) at Hothfield.

August Meeting This is a special one for LenARA, we shall be celebrating 20 years of existence. Caterers will be looking after us and we also have entertainment. The price for this is £5 per person so please make sure you book your place. Places are limited so if you have not booked you will not be able to attend.

These are the Chairmen for the last 20 years



If anyone is interested in the Turkey and Tinsel break in Sandown, Isle of Wight from Monday 4th November for 5 days/4 nights including bed, breakfast and evening meal and a visit to Osborne House could you please let Barbara Peacock know ASAP so she can confirm the booking with the Hotel. The cost is £455 per person plus £17 for insurance cover if you do not have your own. We will be staying at the Trouville Hotel, Sandown, Isle of Wight.

Tel Barbara on 01622 858523 ASAP



Annual Subscriptions – Thank you to all of you who have renewed your subscriptions to Lenara. We have fewer members now so it is even more important for you to support our events, trips and holidays. New members are always welcome.

Don't forget if any of your details change please let us know so that the records can be kept up to date and then you will not miss out on anything. A reminder – members should attend at least one meeting in every four. If you have a problem with this please do not hesitate to let us know. We distribute most of our information by email so if you know of anyone who is not on our email list please could you pass the information on to them so that they are kept informed. If you are not on our email list we can post out the monthly newsletter to you if you can provide some stamped self-addressed envelopes.

Our weekly events –

Short Mat Bowls	Tuesday	2.00pm to 4.00pm	£3 per session	Phil Gooda 01622 851217
Zumba	Wednesday	9.30am to 10.30am	£6 per session	Chris Godden 01622 858658
Line Dancing	Wednesday	7.30pm to 9.00pm	£4.50 per session	Ann Rolfe 01622 859725
**Petanque (weather permitting)	Thursday	10.00am to 12.00pm	£3.00 per session	John Edwards 01622 858439

**We will be getting back to Petanque soon – watch this space!

Our monthly events –

JULY

Ten Pin Bowling in Ashford	Wednesday 10th July 2024	11.00am	£7 for two games	Pat Highsted 01622 743658
Members meeting: Being a Magistrate – Mary Winder	Wednesday 24 th July 2024	2.00pm	Lenham Community Centre	

AUGUST

Ten Pin Bowling in Ashford	14 th August 2024	11.00am	£7 for two games	Pat Highsted 01622 743658
Members meeting: 20 th Celebration Tea	Wednesday 28 th August 2024	2.00pm	Lenham Community Centre	

SEPTEMBER

Ten Pin Bowling in Ashford	11 th September 2024	11.00am	£7 for two games	Pat Highsted 01622 743658
Members meeting: 45 Years in Aviation – part 2. Peter Griffiths	Wednesday 25 th September 2024	2.00pm	Lenham Community Centre	

Regards John

