

# LenARA

## LEN VALLEY ACTIVE RETIREMENT ASSOCIATION

**NEWSLETTER – November 2023**

**ISSUE 159**

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### CHAIRMAN'S MESSAGE

Hello All

Not long now to go for Christmas. I trust you are all getting into the Christmas spirit especially with the joy of shopping for presents etc. Let's hope we keep the average weather temperatures we have been experiencing especially this time of year. I think we have had enough rain recently to see us over the Christmas period.

### PAST EVENTS

October has been a reasonably quiet month with the weekly activities carrying on as normal. Last month we told you about some of our members going to Lenham Primary School again this year to talk to the children about their childhood. Here are some pictures of the visit.



Our main event was the KentARA Ten Pin Bowling Competition which is always well attended by several ARA's. Below you will see the final scores and who won, it's nice to see our ladies came third in their competition so well done to Pat Highsted, Val McGowan and Sue Compson. The men played their part but not good enough on the day. Again well done to all who took part Eric Bensilum, Phil Gooda, Neil McGowan, Peter Brown, Anthony Hammick and Mike Compson.

KENTARA	TEN PIN BOWLING	COMPETITION	2023
2023 Kentara 10 Pin Bowling Tournament Final Scores			
Overall Tournament Highest Score			
Winner of Mixed Competition	IstARA		1228
Mixed Runners Up	UpARA		1042
Mixed Third Place	AllARA		975
Winners of the Men's Competition			
Men's Runners Up	StARA		1174
Men's Third Place	CliffARA		1151
Men's Third Place	IstARA		1096
Winners of the Ladies Competition			
Ladies Runners Up	CliffARA		1033
Ladies Third Place	IstARA		1009
Ladies Third Place	LenARA		982
Next years Hosts will be IstARA ????			
Many thanks to all participants for an excellent day. hope you all enjoyed it. Ade Paine (IstARA)			

KENTARA		TEN PIN BOWLING			COMPETITION				2023
AllARA 1	AllARA 2	AllARA 3	HalARA 1	HalARA 2	HalARA 3	HalARA 4			
372	238	315	301	289	261	282			
317	328	286	366	300	294	287			
286	296	350	294	295	253	243			
0	975	862	951	961	884	808	812		
Mixed Cont									
LenARA 1	LenARA 2	ShadARA						Hemstara 2	
328	306	342						274	
321	353	323						259	
378	343	323						285	
1027	1002	988	0	0	0	0	0	818	
LenARA									
311									
375									
296									
982	0	0	0	0	0	0	0	0	

## **FUTURE EVENTS**

### **NOVEMBER**

Don't forget our Christmas lunch at the Mercure on the 20th of November - time to be advised.

### **DECEMBER**

TUESDAY 12th December is the LenARA Christmas Social at Lenham Community Centre. Mike Compson will be finalising the list for this at our next monthly meeting on Wednesday November 22<sup>nd</sup> so please get your names on the list along with your drink preferences. Our entertainer this year will be a lovely singer called Sarah Barker and you may know her as Miss Vintage. Sarah is the person we had at the Queen's Platinum Jubilee and she entertained us very well. As we are catering for this event we would be grateful if you could let us know in good time if you have put your name down but are unable to attend. Please note: The hall will NOT open until 2.00pm.

### **JANUARY**



The Pub Lunch this month will be at the 'Who'd A Thought it' on 17th January, 2024 - menu as below. Could you please book and pay for this on the 12th December, the day of our Christmas Social or email Julia at

[juliamylola@hotmail.com](mailto:juliamylola@hotmail.com)

## **Who'd A Thought It**

Headcorn Rd, Grafty Green, Maidstone ME17 2AR

### **MENU**

**Pea and Ham Soup**

**Prawn Cocktail**

**Chicken Liver Pate**

**Mozarella Garlic Bread with Caramelized Onions**

\*\*\*\*\*

**Fish Goujons, Chips, Peas with Homemade Tartar Sauce**

**Sausages and Mash with Onion Gravy**

**Mushroom Linguine**

**Chicken Breast, Dauphinoise Potatoes and Seasonal Vegetables**

\*\*\*\*\*

**Sticky Toffee Pudding with Vanilla Ice Cream**

**Apple Crumble and Custard**

**Chocolate Brownie and Vanilla Ice Cream**

**Mixed Ice Cream**

**2 courses £20**

**3 courses £25**

## **FEBRUARY 2024**

As requested by many members a **Quiz Night** has been booked for Saturday 24th February from 7pm to 10pm. Tables of four at cost of £2.00 per person, what a cheap night out! Book a table as soon as you can with Keith Varney. This is a most enjoyable evening so come and bring your drinks and nibbles with you.

**TINA TURNER** - Thursday 29<sup>th</sup> February 2024. The final payment for this theatre trip must be made at the meeting on **22<sup>nd</sup> November** please.

Our weekly events –

Short Mat Bowls	Tuesday	2.00pm to 4.00pm	£3 per session	Phil Gooda 01622 851217
Zumba	Wednesday	9.30am to 10.30am	£6 per session	Chris Godden 01622 858658
Line Dancing	Wednesday	7.30pm to 9.00pm	£4.50 per session	Ann Rolfe 01622 859725
**Petanque (weather permitting)	Thursday	10.00am to 12.00pm	£3.00 per session	John Edwards 01622 858439

\*\*Hopefully we will be getting back to Petanque soon – watch this space!

**Dates for your diary** – The last Short Mat Bowls will be on Tuesday 19<sup>th</sup> December and will start again on Tuesday 2<sup>nd</sup> January 2024. The last Zumba session will be on Wednesday 6<sup>th</sup> December and will start again on Wednesday 3<sup>rd</sup> January 2024. The last Line Dancing session will be on Wednesday 20<sup>th</sup> December and will start again on Wednesday 3<sup>rd</sup> January 2024.

Our monthly events –

## **NOVEMBER**

Members meeting – The Suffragettes and Suffragists - Melanie Gibson-Barton	Wednesday 22 <sup>nd</sup> November 2023	2.00pm	Lenham Community Centre	
Christmas Lunch	Monday 20 <sup>th</sup> November 2023	Time to be advised	Mercure Hotel Hollingbourne	

## **DECEMBER**

Christmas Social	Tuesday 12 <sup>th</sup> December 2023	Doors open at 2.00pm	Lenham Community Centre	
Ten Pin Bowling in Ashford	Wednesday 13 <sup>th</sup> December 2023	11.00am	£7 for two games	Pat Highsted 01622 743658

## **JANUARY**

Ten Pin Bowling in Ashford	Wednesday 10 <sup>th</sup> January 2024	11.00am	£7 for two games	Pat Highsted 01622 743658
Members meeting:-Fancy Tat with Janet and Clare	Wednesday 24 <sup>th</sup> January 2024	2.00pm	Lenham Community Centre	

A Primary School teacher was observing her class of children while they were drawing. She would occasionally walk around to see each child's work.

As she got to one little girl who was working diligently, she asked what the drawing was.

The girl replied "I'm drawing God."

The teacher paused and said, "But nobody knows what God looks like."

Without missing a beat, or looking up from her drawing, the girl replied, "They will in a minute."



A teacher was giving a lesson on the circulation of the blood. Trying to make the matter clearer she said, "Now class, if I stood on my head the blood, as you know, would run into it and I would turn red in the face."

"Yes" the class said.

"Then why is it that while I am standing upright in the ordinary position the blood doesn't run into my feet?"

A little boy piped up and said –

"Cause your feet ain't empty!"



See you all soon.

Regards John